

**FOR IMMEDIATE RELEASE**



**We are going to RAISE THE ROOF!!!!** From December 1-5, Uplift Mental Health Support will host a nightly virtual event to raise awareness of mental illness, introduce you to the organization, and raise funds for a new roof and other general maintenance so desperately needed.

Uplift Mental Health Support, formerly known as Recovery of Kentucky, has been helping individuals with mental illness, depression, anxiety, and other emotional issues in the Kentuckiana area for over 65 years. We currently offer in person and virtual meetings four days a week and ALL meetings are FREE OF CHARGE. Our current meeting location (“The Clubhouse”) is an old two-story home built in the early 1900’s generously donated to us by several civic-minded organizations and individuals. Uplift operates through donations mostly through our own members and makes no profit from the services we provide. With that being said, an old building requires a lot of upkeep and maintenance and is currently in desperate need of a new roof.

I cordially ask you to attend, invite a friend, or share and help us raise the roof so that Uplift can continue to offer support, hope, and a community for those struggling emotionally and mentally. With the on-going pandemic and the holidays in our midst, many need that support now more than ever.